



FOMEMA SDN. BHD. 199601032301 (404653-V)

Foreign Workers' Medical Examination Surveillance System

**FOMEMA REGISTRATION & MEDICAL EXAMINATION DURING PHASE 3 OF MOVEMENT CONTROL ORDER
FROM 15 APRIL 2020 – 28 APRIL 2020**

To help the Government's effort to curb the spread and further flattening the pandemic curve of the COVID-19 transmission during the Phase 3 of the Movement Control Order from 15 April 2020 until 28 April 2020, all of FOMEMA Service Providers and Employers' of the foreign workers are advised to adhere the following precautionary measures guidelines below.

ADVISORY GUIDELINES OF THE REGISTRATION & APPOINTMENT MEDICAL EXAMINATION BY THE EMPLOYERS

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| Pre-Examination | Availability of FOMEMA Service Providers | Phone Call confirmation | <ul style="list-style-type: none"> There will be a limited number of clinics/doctors available, employers are advised to contact & confirm the appointment with the clinic beforehand. |
| | FOMEMA registration | Online Registration | <ul style="list-style-type: none"> FOMEMA Medical Examination online registration at https://portal.fomema.my |
| | Verification of Foreign Workers' travel history | Required verification questions by the clinic via phone call | <p><i>Below questions are based on the foreign worker's health condition and travel history for the last 14 days.</i></p> <ol style="list-style-type: none"> Fever <i>i.e.</i> body temperature of more than 37.5 °C Experience any difficulty to breathe <i>i.e.</i> shortness of breath, hard to inhale or exhale Cough Sore throat Travelled overseas <p>Has the foreign worker had a CLOSE CONTACT with a CONFIRMED COVID-19 patient? 'CLOSE CONTACT' means living together in the same household, travelled together or working in close proximity.</p> |
| | | | <ul style="list-style-type: none"> To be made via phone call by the employer. |
| | Verification of Foreign Workers' Identity | The original passport of foreign worker | <ul style="list-style-type: none"> The original passport to be submitted to the clinic before the date of scheduled appointment to limit the time of direct contact. The latest entry/arrival Custom stamp by the Immigration Department of Malaysia in the passport. |



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| | | | <ul style="list-style-type: none">• Download, fill up & submit Employer's Declaration Form of Foreign Workers' Self-Assessment Check to the clinic. The form is available via this link http://www.fomema.com.my/images/FOMEMA_Forms_0_GST/Declaration_of_Self-Assessment_Covid19_for_Employers.pdf |
| During medical examination visit | Medical Examination session | A small number of the group per visit | <ul style="list-style-type: none">• Arrange only a small number of groups for each medical examination visit to avoid any risks of transmission.• Practice social distancing between the workers during the medical examination visit. |